

AUTUMN SEASONAL MENU 2019

WEEK 1		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
2nd September 23rd September 14th October 11th November 2nd December	VEG STICKS ARE ALWAYS AVAILABLE FOR ALL CHILDREN	Pupil Name:		Vegetarian: YES / NO							
		Class:		Allergies:							
		Menu Options	Order	Menu Options	Order	Menu Options	Order				
<i>Vegetarians ordering option 1 or 2 will be sent a suitable vegetarian alternative</i>	Option 1	Mild Chicken Curry, Rice & Vegetables		Sausage, Yorkshire Pudding, Mixed Vegetables & Gravy		Roast Chicken, Crispy Roasties, Vegetables & Gravy		Fillet of Fish Burger, Potato Wedges & Sweetcorn		Baked Gammon Ham , Herby Potatoes & Baked Beans	
	Option 2	Jacket Potato served with Freshly Grated Cheese & Vegetable Sticks		Cheese & Tomato Pasta Salad		Jacket Potato served with Ham & Vegetable Sticks		Jacket Potato served with Baked Beans & Vegetable Sticks		Macaroni Cheese & Vegetable Sticks	
	Pudding of the Day	Fruit		Chocolate Chip Muffin		Baked Jam Doughnut		Cut Fruit		Jelly	
		Yoghurt		Fruit		Fruit		Fruit		Fruit	
		Yoghurt		Yoghurt		Yoghurt		Yoghurt		Yoghurt	
<i>All packed lunches are served with vegetable sticks & a choice of pudding of the day, fruit or yoghurt</i>	Packed Lunch	Cheese		Cheese		Cheese		Cheese		Cheese	
		Ham		Ham		Ham		Ham		Ham	
		Egg Mayo		Egg Mayo		Egg Mayo		Egg Mayo		Egg Mayo	
		Marmite		Marmite		Marmite		Marmite		Marmite	
		Philly		Philly		Philly		Philly		Philly	
		Tuna Mayo		Tuna Mayo		Tuna Mayo		Tuna Mayo		Tuna Mayo	

WEEK 2		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
9th September 1st October 21st October 18th November 9th December	<i>VEG STICKS ARE ALWAYS AVAILABLE FOR ALL CHILDREN</i>	Pupil Name:		Vegetarian: YES / NO							
		Class:		Allergies:							
		Menu Options	Order	Menu Options	Order	Menu Options	Order	Menu Options	Order		
<i>Vegetarians ordering option 1 or 2 will be sent a suitable vegetarian alternative</i>	Option 1	Oven Baked Fish, Chips & Peas		Hot Dog served with Corn-on-the Cob, Vegetable Sticks & Tomato Ketchup		Roast Pork, Crispy Roasties, Vegetables & Gravy		Creamy Chicken & Bacon, Broccoli & Pasta		Cheese & Tomato Pizza (handmade) & Vegetable Sticks	
	Option 2	Jacket Potato served with Freshly Grated Cheese & Vegetable Sticks		Jacket Potato served with Cheesy Coleslaw & Vegetable Sticks		Tuna & Sweetcorn Pasta Salad		Jacket Potato served with Baked Beans & Vegetable Sticks		Pasta Pesto Salad with Cherry Tomatoes	
	Pudding of the Day	Fruit		Mini Gingerbread Biscuit & Fromage Frais		Cherry Bakewell Cake		Cut Fruit		Blueberry Muffin	
		Yoghurt		Fruit		Fruit		Fruit		Fruit	
<i>All packed lunches are served with vegetable sticks & a choice of pudding of the day, fruit or yoghurt</i>	Packed Lunch	Cheese		Cheese		Cheese		Cheese		Cheese	
		Ham		Ham		Ham		Ham		Ham	
		Egg Mayo		Egg Mayo		Egg Mayo		Egg Mayo		Egg Mayo	
		Marmite		Marmite		Marmite		Marmite		Marmite	
		Philly		Philly		Philly		Philly		Philly	
Tuna Mayo		Tuna Mayo		Tuna Mayo		Tuna Mayo		Tuna Mayo		Tuna Mayo	

WEEK 3		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
16th September 7th October 25th November 16th December	<i>VEG STICKS ARE ALWAYS AVAILABLE FOR ALL CHILDREN</i>	Pupil Name:						Vegetarian: YES / NO			
		Class:						Allergies:			
		Menu Options	Order	Menu Options	Order	Menu Options	Order	Menu Options	Order	Menu Options	Order
<i>Vegetarians ordering option 1 or 2 will be sent a suitable vegetarian alternative</i>	Option 1	Pasta Bolognaise, Garlic Bread & Vegetable Sticks		Fish Cake, Chips & Baked Beans		Roast Chicken, Crispy Roasties, Vegetables & Gravy		Beef Burger, Potato Wedges & Vegetable Sticks		Roast Chicken, Yorkshire Pudding, Broccoli & Sweetcorn	
	Option 2	Jacket Potato served with Baked Beans & Vegetable Sticks		Jacket Potato served with Freshly Grated Cheese & Vegetable Sticks		Cheese & Tomato Pasta Salad		Jacket Potato served with Tuna Mayonnaise, Sweetcorn & Vegetable Sticks		Jacket Potato served with Coleslaw & Vegetable Sticks	
Pudding of the Day		Fruit		Jelly		Carrot Cake		Flapjack		Cut Fruit	
		Yoghurt		Fruit		Fruit		Fruit		Fruit	
<i>All packed lunches are served with vegetable sticks & a choice of pudding of the day, fruit or yoghurt</i>	Packed Lunch	Cheese		Cheese		Cheese		Cheese		Cheese	
		Ham		Ham		Ham		Ham		Ham	
		Egg Mayo		Egg Mayo		Egg Mayo		Egg Mayo		Egg Mayo	
		Marmite		Marmite		Marmite		Marmite		Marmite	
		Philly		Philly		Philly		Philly		Philly	
Tuna Mayo		Tuna Mayo		Tuna Mayo		Tuna Mayo		Tuna Mayo		Tuna Mayo	